



RACE BIBLE

22nd Annual
Cook-Sanders Associates, Inc.
and The Spence Law Firm
HIGH UINTAS CLASSIC STAGE RACE



JUNE 19-20, 2010
KAMAS, UT to EVANSTON, WY
A LEGENDARY RACE!!

This is a Utah Cycling Association Points Series Event!

USAC RACERS – THIS IS A STAGE RACE. YOU MUST COMPLETE ALL THREE STAGES IN SEQUENCE. ALL RACERS ARE RESPONSIBLE FOR KNOWING AND UNDERSTANDING USAC RULES!

ENTRY FEES FOR USAC RACERS. \$8,000 CASH PURSE FOR FULL STAGE RACE. USAC annual license \$60. **Additional \$10 fee for registering on race day.**

			Full Stage Race	Road Race Only
Pro Men, 1, 2	20 places	\$3,500	\$100 entry fee	\$70 entry fee
Men 3	12 places	\$1,200	\$85 entry fee	\$70 entry fee
Men 4	5 places	\$ 500	\$80 entry fee	\$70 entry fee
Men 5**	5 places	Prizes	\$80 entry fee	\$70 entry fee
Master(A)35+ Cat 1-3	5 places	\$ 500	\$80 entry fee	\$70 entry fee
Master(B)35+ Cat 4,5	3 places	\$ 200	\$80 entry fee	\$70 entry fee
Master 45+ Cat 1-4	5 places	\$ 500	\$80 entry fee	\$70 entry fee
Master 55+ Cat 1-5	3 places	\$ 200	\$75 entry fee	\$70 entry fee
Jr. Men 10-12, 13-14, 15-16, 17-18	3 places	\$ 200	\$65 entry fee	\$60 entry fee
Pro Women, 1, 2, 3	8 places	\$800***	\$80 entry fee	\$70 entry fee
Women 4** , Mas 35+	4 places	\$ 400	\$75 entry fee	\$70 entry fee
Jr. Women 10-12, 13-14, 15-16, 17-18	Min. field of 5	\$200	\$65 entry fee	\$60 entry fee

USAC racers must complete all three race stages in sequence to be eligible for cash purse.

****Men 5 and Women 4 can purchase a one-day \$10 USAC license for each race day, but must race in these categories. ***Minimum field of 10 required in the criterium for \$800 payout. Promoter reserves the right to reduce payout if minimum field is not met.**

\$65 ENTRY FEE FOR CITIZEN RACERS FOR BALD MOUNTAIN ROAD RACE ONLY. Entry fee for citizens includes one-day \$10 license. **Additional \$10 fee for registering on race day.**

RECREATIONAL CITIZEN CATEGORIES AND AWARDS. 47 MILE ROAD RACE

Jr. Men 13-18	Road Race	1 st , 2 nd , 3 rd
Men 19-29	Road Race	1 st , 2 nd , 3 rd
Men 30-39	Road Race	1 st , 2 nd , 3 rd
Men 40-49	Road Race	1 st , 2 nd , 3 rd
Men 50-59	Road Race	1 st , 2 nd , 3 rd
Men 60+	Road Race	1 st , 2 nd , 3 rd
Jr. Women 13-18	Road Race	1 st , 2 nd , 3 rd
Women 19-29	Road Race	1 st , 2 nd , 3 rd
Women 30-39	Road Race	1 st , 2 nd , 3 rd
Women 40-49	Road Race	1 st , 2 nd , 3 rd
Women 50-59	Road Race	1 st , 2 nd , 3 rd
Women 60+	Road Race	1 st , 2 nd , 3 rd

COMPETITIVE CITIZEN CATEGORIES AND AWARDS. 80 MILE ROAD RACE

Jr. Men 13-18	Road Race	1 st , 2 nd , 3 rd
Men 19-29	Road Race	1 st , 2 nd , 3 rd
Men 30-39	Road Race	1 st , 2 nd , 3 rd
Men 40-49	Road Race	1 st , 2 nd , 3 rd
Men 50-59	Road Race	1 st , 2 nd , 3 rd
Men 60+	Road Race	1 st , 2 nd , 3 rd
Jr. Women 13-18	Road Race	1 st , 2 nd , 3 rd
Women 19-29	Road Race	1 st , 2 nd , 3 rd
Women 30-39	Road Race	1 st , 2 nd , 3 rd
Women 40-49	Road Race	1 st , 2 nd , 3 rd
Women 50-59	Road Race	1 st , 2 nd , 3 rd
Women 60+	Road Race	1 st , 2 nd , 3 rd
Tandem	Road Race	1 st , 2 nd , 3 rd

PAYMENT. Please pay with cash or check at Friday and Saturday registration. You may register online with a credit card at www.sportsbaseonline.com. Entry forms can be requested from the City of Evanston by calling toll free **1-866-783-6300 ext. 459**. Send entry form and **check payable to the Evanston Cycling Club**, c/o Terri Arnell, 1200 Main Street, Evanston, WY 82930.

ON-SITE REGISTRATION. Registration and race packet pickup Friday evening, June 18th from 6 – 8 p.m. at Kamas City Hall, 170 North Main. Registration and race packet pickup Saturday, June 19th at 7:30 a.m. at Kamas City Hall. Late registration will be held up to 1/2 hour prior to your start time. **KNOW YOUR START TIME!**

RULES. All USAC rules apply. **KNOW THE USAC RULES.** ANSI approved helmets are required. Feeding allowed only at Lost Creek and North Slope Road feed zones. **“Wheel in Wheel out.” Please wear your helmet at all times when you are on your bike. NO EXCEPTIONS. Sleeveless jerseys are not allowed. No tri-bars for road race or criterium. No open-ended handle bars.**

RACE NUMBERS. Numbers will be provided. Please wear your number on the **RIGHT SIDE** of your jersey for the **ROAD RACE, TIME TRIAL, and CRITERIUM.**

KAMAS, UT TO EVANSTON, WY BALD MOUNTAIN ROAD RACE

Presented by Titanium Title Sponsors Cook-Sanders Associates, Inc. and The Spence Law Firm

ROAD RACE START TIMES

Recreational Citizens	47 miles	9:00 a.m.
USAC Junior Men 10-18	47 miles	9:10 a.m.
USAC Master 55+	47 miles	9:15 a.m.
USAC Women 4 & Master 35+	47 miles	9:20 a.m.
USAC Junior Women 10-18	47 miles	9:20 a.m.
USAC Pro Women, 1, 2, 3	80 miles	9:25 a.m.
Competitive Citizens/Tandem	80 miles	9:30 a.m.
USAC Pro Men, 1, 2	80 miles	10:00 a.m.
USAC Men 3	80 miles	10:10 a.m.
USAC Master 35-44(A/B)	80 miles	10:20 a.m.
USAC Master 45-54	80 miles	10:30 a.m.
USAC Men 4	80 miles	10:40 a.m.
USAC Men 5A	80 miles	10:50 a.m.
USAC Men 5B	80 miles	11:00 a.m.

Race promoter reserves the right to combine categories

KING OF THE MOUNTAIN. A 15 second time bonus will be awarded to the first male racer in each USAC group to reach Bald Mountain Pass. **Awards for KOM.**

QUEEN OF THE MOUNTAIN. A 15 second time bonus will be awarded to the first female racer in each USAC group to reach Bald Mountain Pass. **Awards for QOM.**

TIME BONUSES AT FINISH. Time bonuses will be awarded to the first three male and female racers in each USAC group to cross the finish line. **Time bonuses at finish are 15 seconds for 1st; 10 seconds for 2nd; and 5 seconds for 3rd.**

ROAD RACE DISTANCES

Road hazards are marked with signs and orange cones.

Uinta-Wasatch-Cache National Forest
Boundary from Kamas 6.5 miles

Upper Provo River 23.8 miles
Course steepens at this point.

Lost Creek Feed Zone staffed by Youth
Alternative Home Association volunteers.
Water, Gatorade, fruit. 28.0 miles

Bald Mountain Pass 29.5 miles
**CAUTION! Winding road below Pass.
Watch for wet, slippery pavement as a
result of snow melt.** Uinta County
Ambulance.

Mirror Lake 31.0 miles
Course steepens after Mirror Lake.

Summit County Line 34.8 miles
**Long downhill to Sulphur Creek
Campground.**

Christmas Meadows Finish Line for
Recreational Citizens; USAC Jr. Men, Master 55+;
USAC Women 4 and Master 35+,
Jr. Women. 47.0 miles

Bear River Ranger Station 47.2 miles

North Slope Feed Zone staffed by
U.S.F.S. and M.R.S.I. volunteers.
Water, Gatorade, fruit. Uinta County
Ambulance. 49.7 miles

Do not stand or gather on the road!

Bear River Lodge 50.0 miles

Wyoming State Line 56.0 miles
WELCOME TO WYOMING!!

McGraw Fire Station Curve 61.0 miles
CAUTION!

Hilliard Church 64.5 miles

Sulphur Creek Reservoir Turnoff 68.0 miles
CAUTION! Busy intersection for boat traffic headed to Sulphur Creek Reservoir. Downhill from Sulphur Creek Reservoir turnoff to Bear Town Curve. Watch for traffic at Bear Town Curve. Watch for gravel trucks into Evanston.

Myers Crossing at Bear River 71.0 miles
Original crossing for the Pony Express and Mormon Trails.

City of Evanston boundary 77.0 miles
**WELCOME TO EVANSTON!
FRESH AIR, FREEDOM AND FUN!**

FINISH LINE 79+ miles

The finish line for USAC Men Pro, 1-5, Master 35-44(A/B), Master 45-54, USAC Women Pro, 1-3, Competitive Citizens and Tandem is approximately 500 feet south of the entrance into the Wyoming State Hospital.

At the City of Evanston boundary, a Police Officer will be positioned to direct vehicles into the northbound outside traffic lane. The inside traffic lane nearest the curb will be for racers and official race vehicles ONLY. Stay to the right of the orange cones. Several street intersections will be barricaded to vehicle traffic. City Police Officers and Road Marshals will be positioned at street intersections open to vehicle traffic. Use extreme CAUTION at these locations. The stage at the finish line will be marked with race banners located along the side of the highway.

USAC race officials will be located on the canopied stage at the finish

line. Once you cross the finish line, you will have approximately 500 feet to the Wyoming State Hospital entrance. Please turn right into this entrance.

A Support Station staffed by State Hospital volunteers will be available in the grassed area adjacent to the finish line. Water, Gatorade, fruit.

PARKING

Parking for spectators and official race vehicles will be in designated race parking areas at the Wyoming State Hospital. Turn right at the entrance into the State Hospital. Parking at the State Hospital is approximately 600 to 700 feet from the finish line. **You may not park along the side of the entrance road into the State Hospital.** If you want to see your racer cross the finish line, make sure you are at the finish well before your racer. Vehicle traffic coming into Evanston from the south will be slowed or stopped to accommodate racers.

RACERS AND DRIVERS RESPONSIBILITIES

Racers must follow all USAC rules and “Rules of the Road.” Stay to the **RIGHT** of the road and **ALLOW NON-RACE TRAFFIC TO PASS. NO DRAFTING BEHIND VEHICLES. THIS IS AN IMMEDIATE DISQUALIFICATION.** Drivers supporting racers **MAY NOT** follow race groups. Support vehicles will be identified with the number of their racer. Feeding allowed **ONLY** at Lost Creek and North Slope Feed Zones. Please **DO NOT LITTER.**

WHEEL IN WHEEL OUT

This means that a racer who places a wheel in a lag vehicle can only use the wheel they put in. If you do not put a wheel in a lag vehicle, you may **NOT** use someone else’s wheel.

LIVESTOCK AND WILDLIFE

Watch for livestock such as cattle/sheep and wildlife including **deer, elk, and moose**, either on or crossing the highway.

SIGNS

Signs attached to mile posts will be located approximately every 10 miles on either side of the highway from Evanston to Kamas.

The signs will read **CAUTION: BICYCLE ROAD RACE TODAY, SATURDAY, JUNE 19th.**

SNOW AND TEMPERATURE AT BALD MOUNTAIN PASS

WEATHER WATCH Be prepared for rapidly changing weather conditions. Cold weather can lead to **hypothermia**. Bring appropriate clothing. Bald Mountain Pass and the road below and above the Pass may have snow along the sides of the road. The road may be wet and slippery. Temperature at the Pass will be 20+ degrees cooler than at the start in Kamas. Winter weather can plague the Pass.

BUS SERVICE

Buses with limited seating will be available to return racers to Kamas from the Christmas Meadows and the Wyoming State Hospital finish back to Kamas. **PLEASE SIGN UP FRIDAY P.M. OR SATURDAY A.M. First come first served.** Buses are not available to transport racers from Evanston to Kamas on Saturday morning.

People come first on the bus. If there is room, we will try to include your bike. If there is not room for your bike in Evanston, you will receive a tag for your bike which will be sheltered and guarded at the Wyoming State Hospital. Show your tag Saturday evening until 7 p.m. in order to retrieve your bike.

A lag vehicle will follow the last group to leave Kamas. Disabled racers will be transported to Evanston.

No Wimps!



Survive the Challenge!

No Whiners!

CHARLES SCRIVNER MEMORIAL TIME TRIAL

**Presented by Evanston Emergency Physicians, Evanston Lodging Tax Board, JB's Restaurants, Rocket Sanitation, Rocky Mountain Power, and the Uinta County Herald
(Tri-bars are permitted)**

**STARTING ORDER BEGINNING AT 7:30 A.M. AT
30 SECOND INTERVALS
(Does not include citizen racers)**

(1) USAC Junior Men; (2) USAC Master 55+; (3) USAC Women 4 & Master 35+; (4) USAC Junior Women; (5) USAC Pro Women, 1, 2, 3;

5-minute break

(6) USAC Men 5; (7) USAC Men 4; (8) USAC Master 45-54; (9) USAC Master 35-44(A/B); (10) USAC Men 3; and (11) USAC Pro Men, 1, 2.

The start of the Time Trial is 1.3 miles south of KFC/Taco Bell on Yellow Creek Road. Look for the School District bus barn on the right hand side of the road as you are traveling south. You must park in the Bus Barn parking lot, not on the road.

Racers will ride 5 miles south along Yellow Creek Road turning around at the orange cone in the center of the road and back 5 miles to the finish. A Uinta County Deputy Sheriff will be positioned at the 5-mile turnaround. The finish line will be located on the opposite side of the road from the start. **WHEN YOU HAVE CROSSED THE FINISH LINE, DO NOT GATHER ON THE ROAD.** Please gather in the Bus Barn parking lot. A City Police Officer will be at the start/finish area to ensure traffic safety. An ambulance will be at the start/finish.

Yellow Creek Road is an open road. Property owners along the road may be traveling the road on their way to church, town or some other activity. Ride to the side of the road and be alert for vehicles entering the road from driveways. This road accesses a natural gas processing facility. On Sunday morning, there may be semi-truck tanker traffic; and/or plant shift change traffic traveling the road. **PLEASE PAY ATTENTION.** Watch for bumps, rough areas, or potholes in the road. Volunteer Road Marshals will be positioned along the road and at the 5-mile turnaround for traffic safety. Be alert, cautious, and courteous to adjacent landowners. There will be porta-potties at the Time Trial start.

DOWNTOWN COURTHOUSE CRITERIUM

Presented by **Bootworks Cycle Center, Domino's Pizza, 1st Bank, Grouchy Mark Productions, KEVA Country 1240 AM & Magic 99, Porter's TNT Fireworks, and the City of Evanston**

(Does not include citizen racers)

STARTING ORDER BEGINNING AT 12:15 P.M. The Criterium will begin shortly after 12:00 p.m. due to churches located on the Criterium course. Service for these churches ends in late morning.

USAC Pro Women, 1, 2, 3	8 laps = 10.4 miles	@12:15 p.m.
USAC Women 4, Master 35+ and Junior Women	7 laps = 9.1 miles	@12:16 p.m.
Master 45-54 and Master 55+ Men	8 laps = 10.4 miles	@12:55 p.m.
Junior Men	6 laps = 7.8 miles	@12:56 p.m.

First racer to cross the start/finish line on lap 4 will receive a \$20 prime. A 10 second time bonus will be awarded on lap 6 to the first racer to cross the start/finish line.

USAC Master 35-44(A/B)	10 laps = 13 miles	@ 1:35 p.m.
USAC Men 5	6 laps = 7.8 miles	@ 2:20 p.m.
USAC Men 4	8 laps = 10.4 miles	@ 2:50 p.m.
USAC Men 3	10 laps = 13 miles	@ 3:30 p.m.
USAC Pro Men, 1, 2	16 laps = 20.8 miles	@ 4:15 p.m.

Approximate finish at 5:00 p.m.

First racer to cross the start/finish line on lap 4 will receive a \$20 prime. A 10-second time bonus will be awarded on lap 6 to the first racer to cross the start/finish line.

The first three racers to finish the final lap for the USAC Pro Men, 1, 2 will receive time bonuses as follows: 15 seconds-1st; 10 seconds-2nd; 5 seconds-3rd.

This is a 1.3 mile closed course. The first left turn after the start begins a 6-block climb, **The Cook-Sanders Associates & The Spence Law Firm Hill**. A series of turns, **The Bootworks Curves** follow to 7th Street which is the **Evanston Emergency Physicians and KEVA Country/ Magic 99 Downhill** with a left taken at Main Street for **Domino's Pizza and Grouchy Mark Productions Sprint** back to the start. Alleys will be barricaded to vehicle traffic.

Volunteer Road Marshals will be stationed at ALL CROSS STREETS for traffic control. However, PLEASE BE ALERT FOR CROSS TRAFFIC OR THE POSSIBILITY OF VEHICLES MISTAKENLY ENTERING THE COURSE. A warm-up prior to the start of each heat is allowed.

There will be porta-potties in the 1st Bank parking lot at the corner of 10th & Main Street. **Be downtown early, well before your start. Start times are approximate.**

PLEASE, NO RADIOS OR IPODS FOR ANY STAGE OF THE RACE!!

RACE RESULTS

Results for all stages will be posted at the Beeman-Cashin Building, Downtown at 10th and Front Streets.

SUDS BROTHERS BREWERY 1012 Main Street
"OVER THE TOP" LASAGNA SATURDAY NIGHT SPECIAL
Approximately \$8+
Saturday evening, June 19th

FREE AWARDS CELEBRATION. In honor of your accomplishment, an awards celebration will be held after the criterium at Historic Depot Square, Downtown. Food and beverages provided by **Domino's Pizza, Western WY Beverages, and Porter's**. **Raffle prizes** courtesy of **Bootworks Cycle Center and Porter's TNT Fireworks**. 17th annual **Best Calves Contest** with cash prizes! **\$50 Men 30 & under; \$50 Men 30+; \$50 Women. Don't be shy. Give us a flex!!!**

INFORMATION. City of Evanston, 1200 Main Street, Evanston, WY 82930. Toll free 1-866-783-6300 ext. 459. Terri at tarnell@evanstonwy.org or Paul at pknopf@evanstonwy.org.

WEBSITE. www.evanstoncycling.org or www.evanstonwy.org.

CAMPING IN EVANSTON, WY. Phillips RV Park, 225 Bear River Drive, Evanston, WY 82930, 1-307-789-3805.

CAMPING IN KAMAS, UT. Limited free camping for tents and RV's is available at Kamas City Hall. Drinking water, toilets, no dump station, no camp fires. Please RSVP with Kamas City Hall 1-435-783-4630. Camping is also available in the Uinta-Wasatch-Cache National Forest east of Kamas. For information, please call the Kamas USFS District Ranger Office at 1-435-783-4338.

CONTINENTAL BREAKFAST. Kamas City Hall, Saturday morning at 7 a.m. Bagels with spread, fruit and juice.

LODGING IN PARK CITY, UT or HEBER CITY, UT. Park City Chamber of Commerce www.parkcityinfo.com. Heber City Chamber of Commerce www.gohebervalley.com.

ADDITIONAL INFORMATION

All Road Marshals will be wearing race T-shirts and/or safety vests and will have an orange flag.

UNITED STATES CYCLING FEDERATION RACE

OFFICIALS

Gary Bywater, Chief Referee, Salt Lake City, UT
Louise Bywater, Chief Judge, Salt Lake City, UT
Carol McCoy, Assistant Referee, New York
Doug Murray, Assistant Referee, Ogden, UT

FINAL DO'S AND DON'TS

RULES OF THE ROAD/LAW ENFORCEMENT SUPPORT

Remember to stay to the right of the road and avoid bunching up when traveling along Highway 150. The "Two Abreast" rule applies for all racers.

RACER SUPPORT CREWS MAY NOT FOLLOW RACERS

You may leapfrog ahead to an approved highway turn-out or parking area to cheer your racer on. Use caution when passing racers or highway traffic.

IF YOU FOLLOW YOUR RACER AND ARE IDENTIFIED BY RACE OFFICIALS, THE RACER WILL BE DISQUALIFIED. If you pass in an unauthorized area, you risk a ticket from the Highway Patrol. Please help us keep our law enforcement officers happy.

Please obey all traffic signs and traffic lights while warming up on your bike in Kamas and Evanston. Bicyclists must follow the same rules of the road as motorists.

Please do not park in front of driveways or mailboxes in Kamas. Please park only in designated race parking areas at Kamas City Hall, All West Communications, or along the side of the highway or streets. Please be courteous to our Kamas neighbors.

Please do not toss your water bottle into the forest. Race volunteers have to find and pick up all water bottles. Please make our job easier by dropping your water bottle just off the shoulder of the highway.

Remember to ride no more than two abreast in Wyoming, or you risk a citation from the Wyoming Highway Patrol.

HAVE A GREAT SAFE RACE!

THANKS FOR RACING WITH US!!

www.evanstoncycling.org

**Results and timing by SPORTS BASE EVENTS,
JON GALLAGHER**

**Register online at
www.sportsbaseonline.com**

RACE PURSE \$8,000

PRO MEN, 1, 2 \$3,500

1st \$ 720
2nd \$ 370
3rd \$ 270
4th \$ 220
5th \$ 195
6th \$ 170
7th \$ 160
8th \$ 150
9th \$ 140
10th \$ 130
11th \$ 120
12th \$ 115
13th \$ 110
14th \$ 105
15th \$ 100
16th \$ 95
17th \$ 90
18th \$ 85
19th \$ 80
20th \$ 75

MEN 3 \$ 1,200

1st \$ 300
2nd \$ 180
3rd \$ 130
4th \$ 90
5th \$ 80
6th \$ 75
7th \$ 70
8th \$ 65
9th \$ 60
10th \$ 55
11th \$ 50
12th \$ 45

MEN 4 \$ 500

1st \$ 185
2nd \$ 130
3rd \$ 85
4th \$ 55
5th \$ 45

MEN 5 PRIZES

1st Prize
2nd Prize
3rd Prize
4th Prize
5th Prize

MASTER 35-44(A) \$500

1st \$ 185
2nd \$ 130
3rd \$ 85
4th \$ 55
5th \$ 45

MASTER 35-44(B) \$200

1st \$ 90
2nd \$ 65
3rd \$ 45

MASTER 45-54 \$ 500

1st \$ 185
2nd \$ 130
3rd \$ 85
4th \$ 55
5th \$ 45

MASTER 55+ \$ 200

1st \$ 90
2nd \$ 65
3rd \$ 45

JR MEN \$ 200

1st \$ 90
2nd \$ 65
3rd \$ 45

PRO WOMEN, 1, 2, 3

\$800

****Minimum field of 10 required in the
Criterion for \$800 payout. Promoter
reserves the right to reduce payout if minimum
field is not met.

1st \$ 225
2nd \$ 150
3rd \$ 100
4th \$ 75
5th \$ 70
6th \$ 65
7th \$ 60
8th \$ 55

WOMEN 4, MAS 35+ \$400

1st \$ 150
2nd \$ 110
3rd \$ 80
4th \$ 60

JR WOMEN

Minimum field of 5 for \$200 cash
payout.